

SIZE CHART

The following size charts are a general guide to product sizing when garments are marked, small, medium, large and so on, Each type and style of garment, depending on which layer it is, will have an appropriate ease allowance built into it to enable it to be worn over/ under other layers. This may vary from manufacturer to manufacturer.

WORKWEAR

GARMENT SIZE	XS	S	M	L	XL	2XL	3XL
CHEST INCHES	32 - 34	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54	56 - 58
CHEST CM	81 - 86	92 - 96	102 - 107	112 - 117	122 - 127	132 - 137	142 - 147
WAIST INCHES	26 - 28	30 - 32	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52

HOW TO MEASURE

CHEST Around the chest, just under the arms and across the shoulder blades

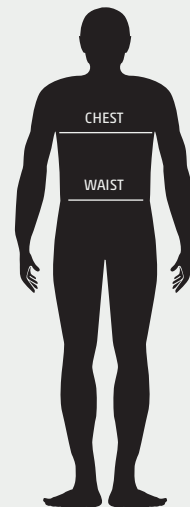
WAIST Around the narrowest part of the waist

FOOTWEAR

UK	6	7	8	9	10	11	12	13
EURO	40	41	42	43	44	46	47	48

HOW TO MEASURE

Use the ruler to measure the length of your foot from the longest toe (usually the big toe, but depends on the foot) to the back of your heel



CHILDS WEAR

SIZE	20	22	24	26	28	30	32	34
AGE	1 - 2	2 - 3	3 - 4	5 - 6	7 - 8	9 - 10	11 - 12	13